

Clissold SC timetable from Sept 2010

Monday			
Masters & Masters Lite	7-8.15am	Clissold LC	Main
Mini Polo	5.30-6.30pm	Clissold LC	Training
Foundation 1, Foundation 2, Advanced 1	6.30-7.30pm	Clissold LC	Training
Advanced 2, Pre Comp, Junior Comp	6-7pm	Clissold LC	Main
Senior Comp, Junior & Senior Dev & Co	7-8.30pm	Clissold LC	Main
Tuesday			
All Senior & Junior's	6.30-7.30am	Clissold LC	Training
All Senior's & Junior's	6.30-8pm	Clissold LC	Main
Masters & Masters Lite	8-9.30pm	Clissold LC	Main
Wednesday			
Foundation 1 & 2	5.30-6.15pm	Kings Hall	
Advanced 1 & 2	6.15-7pm	Kings Hall	
Pre Comp & Junior Comp	5.30-7pm	Kings Hall	
Hackney Swimming Squad	8-9.30pm	Clissold LC	Main
Hackney Waterpolo Squad	8-9.30pm	Clissold LC	Main
Thursday			
All Seniors & Juniors	6.30-7.30am	Clissold LC	Training
Masters & Masters Lite	6.45-8.30am	London Fields Lido	
All Seniors & Junior Development/County	6.30-8pm	Clissold LC	Main
Masters & Masters Lite	8-9.30pm	Clissold LC	Main
Friday			
Foundation 1, Advanced 1,	5.30-6.30pm	Clissold LC	Training
Foundation 2, Advanced 2,	6.30-7.30pm	Clissold LC	Training
Pre Comp & All Juniors	6-7.30pm	Clissold LC	Training
All Senior's	6-7.30pm	Clissold LC	Main
Mini Polo	7.30-8pm	Clissold LC	Training
Technical components, diving, turns etc..	7.30-8pm	Clissold LC	Main
Saturday			
Masters & Masters Lite	7.30-9am	London Fields Lido	
Sunday			
Diving groups	10.45-11.45am	Park Road	
Foundation 1 & 2	4-5pm	Clissold LC	Main
Advanced 1 & 2	4.50-6pm	Clissold LC	Main
Senior Development & County	4.30-6pm	Clissold LC	Main
Pre Comp, Juniors & Senior Comp	4.50-6pm	Clissold LC	Main
Parents*	5-6pm	Clissold LC	Main

All Juniors refers to the squads Junior Competition, Development & County

All Seniors refers to the squads Senior Competition, Development & County

Note: Parents can swim on Sundays at Clissold subject to enough space being available. Junior club members have priority over parents. Parents who are registered Masters/Masters Lite members and who pay by monthly club fees by standing order can swim free of charge at these sessions.

All other parents, including occasional Masters/Masters Lite members, will be charged £3

As London Fields Lido has no flood lighting and has been fitted with insufficient lighting in the tank opening and closing times are subject to the vagaries of the British weather over which Clissold SC has no control. For confirmation of scheduled times contact masters@clissoldswimmingclub.org.uk For Diving enquiries contact diving@clissoldswimmingclub.org.uk

For Waterpolo and mini polo enquiries contact information@clissoldswimmingclub.org.uk